Happy Thanksgiving!

A Guide to a Very Special Holiday
What is Thanksgiving?

• Thanksgiving is a national holiday celebrated in November.

• President George Washington proclaimed the first official nationwide Thanksgiving in 1789 – 228 years ago!
What is Thanksgiving?

• On Thanksgiving, we give thanks for the things in our lives that bring us happiness – like our moms and dads, our siblings and grandparents, our aunts and uncles and friends, our house or apartment, our toys and lots more!
Getting to Thanksgiving

• If you have Thanksgiving at your grandparents’, cousins’ or friends’ house, you may have to travel a little ways to get there, by car or train, or even plane!

• It’s okay though, you can bring some toys or books and snacks for the ride.

• You will have lots of fun celebrating Thanksgiving with them when you get to your destination!
Thanksgiving Dinner

• Thanksgiving is usually celebrated with a great big lunch or dinner filled with lots of yummy food!
Thanksgiving Dinner

• Lots of people eat turkey for Thanksgiving, but other people eat things like pasta, steak, ham, salad - whatever you and your family like best!
Some Thanksgiving dinners are small, just kids and their parents, which are very special.

Other have lots and lots of cousins, aunts, uncles and friends!
Quiet Place

• If there are lots of friends and family members at your Thanksgiving dinner, the table will probably be louder than usual.

• It is okay to have your mom or dad help you find a quiet place to sit or lay down.
Helping Out

• There are probably adults cooking Thanksgiving dinner in the kitchen.

• It might be nice to go to the kitchen and see if they need any help making the yummy meal or setting the table.
What are you thankful for?

• Thanksgiving is the perfect time to say thank you to the people you are thankful for – like your mom and dad or brother and sister or friend.

• What else are you thankful for?
Happy Thanksgiving to you and your family and friends!

Have fun and enjoy the special day!